

Wanted: Kairos Cookies

Kairos - The prison ministries for Virginia needs up to 5,000 dozen cookies for a typical Kairos walk weekend. We have found that homemade cookies are a tangible expression of Christian love and an indication of God's concern for a group of people who seldom encounter either in the course of their daily lives. **(Matthew 25:36)**. If you are willing to make and bring cookies to the next Gathering, please let Tom Verbeke know how many dozen you can bring by email at taverbeke@verizon.net or call 804-272-4618. May God bless you for the gift of baking!

Cookie Guidelines

The types of cookies that are generally acceptable are: Oatmeal, Peanut Butter, Molasses, Chocolate Chip, Ginger and Sugar. Cookies should be between 2 inches and 2-1/2 inches in diameter and not more than 1/2 inch thick. *It is very important not to use icing, sugar or any other type of coating on the outside of the cookie. Do not add any kind of fruit, M&M's, or nuts to the cookies. Chocolate & Butterscotch morsels are fine.*

The Key Ingredient: Prayer

Pray individually or as a family over the ingredients before and during mixing. Pray that each cookie brings the recipient closer to God and that he/she becomes a part of the family of God.

Packing the Cookies

Bag thoroughly cooled cookies in a quart sized Zip Lock bag, a dozen cookies to a bag. Label each bag with the cookie type inside. Please freeze all cookies and bring to the meeting. Thank You!!

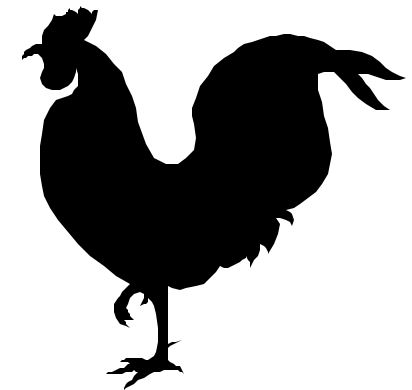


Sonshine Emmaus Community
P. O. Box 55
Mechanicsville, VA 23111



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Sonshine Emmaus Newsletter



October 2007

www.emmaussonshine.org



Assistant Lay Director's Message

I deeply respect the Emmaus movement. I respect its history, its purpose and its methods. God has blessed and used Emmaus to enrich and deepen my faith, to teach me about Agape love and to provide me another body of believers to grow and fellowship with. I know that my feelings and experience are shared by many of you. So I am writing to you out of great concern for our Community and it's future.

If you have not attended a recent Gathering, you may not be aware that our numbers at Gatherings have dropped significantly. Most of you are aware that we have had to cancel Walks in recent years. I believe we are at a crossroad. At this point in time, our Gatherings do not reflect a healthy, active Community capable of serving and hosting a Walk. If Sonshine Emmaus is to survive and meet our calling, our involvement and numbers must increase. Simply put, we need to see your smiling faces at the upcoming Gatherings.

Hebrews 10:25 says, "Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another- and all the more as you see the Day approaching." I believe Paul's teaching on perseverance is as relevant to our Community today as it was to the Brothers then.

I know that the pace of life seems to have sped up. We are all very busy and committed to many worthwhile causes. I guess the question is whether we consider our Community to be one of them. In order for our Community to succeed in it's calling, we must increase our numbers and commitment to it's cause. Please prayerfully consider your support. Also please keep our community in your prayers and the Board as they serve. May God richly and abundantly bless each of you.

De Colores, Henry Van Gils

REMINDERS

The 2008 Walk Dates are:

May 15—18 and October 9—12

Usually, the Spring Walk is for Women and the Fall Walk is for Men.

Next years Walks will be determined by the number of Pilgrim and Team Applications submitted.

So please prayerfully consider your involvement for the upcoming year.

Both applications are included with this newsletter.

(Feel free to make copies, if needed.)

Please remember that we are calling for nominations from the Community for the Board Class of 2010. Please be in prayerful consideration of those in the Community who have demonstrated an attitude of servant leadership and who might be ready to move to the next level. You may submit names to Tom Verbeke at 272-4618 or Taverbeke@verizon.net. We will close out nominations at the October Gathering. We will announce the nominations in the November newsletter and vote in December. The Class of 2010 will consist of one clergy, one musician, and 4 other lay members of the community.

Please send newsletter info to: Tammy Van Gils via Email: RememberCalvary@cs.com (please note Emmaus in Memo) or Fax 804-798-6015 or by phone 798-7802 By the first of the month

Calendar

October 20th 5:30 Pot luck dinner (Emmaus Colors) 6:30 Gathering

November 17th 5:30 Board meeting 6:30 Gathering *

December 15th 6:30 Gathering *

All Meetings and Gatherings at: Mechanicsville United Methodist Church

*Bring snacks

If you have questions or comments, please feel free to contact: Connie Beekman- Cpbeekman@comcast.net Or Henry Van Gils - 798-7802

Remember Team and Pilgrim Applications are always available on our website- www.emmaussonshine.org And at the Gatherings.

Treasurer's Report

Balance 01-01-07- \$1002.19
Receipts- \$7145.06
Disbursements- \$7598.08
Ending balance- \$ 549.17
As of August 13, 2007

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Galations 6:9

