



# SonShine Emmaus



January 2010

## Lay Director's Message

My Brothers and Sisters in Christ,

The year 2009 is now history, and we now look forward to the opportunity of carrying God's message of love through the "Walk To Emmaus" in the year 2010. The community's thanks go out to the 2009 Walk Lay Directors, Donna Touchette and Susan Hammond. They would be the first to thank those that gave of their time to be Spiritual Directors, Team Members, and all those that worked behind the scenes and gave their support in so many ways. And thanks go out to all those that contributed to the success of SonShine Emmaus in 2009.

We welcome the presence and the community involvement of the women who walked on SonShine 46 and 47.

We will have the January Gathering at Emmaus Christian Church in Powhatan. This is one of our celebration gatherings, and will be taken care of by Emmaus Christian Church. There will be a board meeting at 4:30, dinner at 5:30, and the gathering at 6:30. Election of our newest Board members will take place at the gathering. The gatherings should return to Mechanicsville UMC in February, as the problem with user fees has been resolved.

I look forward to seeing many of you there, and continuing support for our incoming Community Lay Director, Polly Rowan. I hope everyone had a blessed Christmas and New Year.

Your Brother in Christ,

*Tom Verbeke*

[tverbeke@verizon.net](mailto:tverbeke@verizon.net) or 804-272-4618

## Walk Supplies That Are Needed

- \*Clear Plastic Candle Shields (for the community holding candles)
- \*Candles for the above item
- \*Play Dough (Multi-colored packages, Play Dough brand is preferable)
- \*Masking Tape & Scotch Tape

Please bring these items to any Gathering.

## Board Elections

The Nominating Committee, consisting of Suzy Verbeke (Chair), Bobby Gibson, Maryclay Smith, Betty Faires and Tom Verbeke, have made the following recommendations for the Class of 2012.

### Class of 2010

Russell Williams (SD)  
 Susan Hammond (Music)  
 Jenny Piper  
 Michaux Bullock  
 Polly Rowan

### Class of 2011

Bruce Lake (SD)  
 Morgan Harrell  
 Chuck Martin  
 Joan Naumann  
 Tom Verbeke

### Class of 2012

Dina Giese (ALD)  
 Betty Jo Sims (SD)  
 Sharon Lester (Music)  
 Elaine Jones (Secretary)  
 Page Allen (Treasurer)

The Community will be asked to vote on these nominations at the January 16<sup>th</sup> Gathering. Please plan to attend.

## DIRECTIONS TO EMMAUS CHRISTIAN

The Gathering/Celebration on January 16: 2009 will be at 5:30 at Emmaus Christian Church, 1801 Huguenot Trail, Powhatan VA 23139

Here are directions:

From Mechanicsville Area & Northside:  
 Take I-295 North toward Charlottesville/Washington  
 At Exit 53A, take I-64 West toward Charlottesville  
 At Exit 175, take SR-288 toward Chesterfield  
 Take ramp right and follow signs for Huguenot Trail  
 Go 5.4 Miles and church is on the left at Judes Ferry Rd.

From the East End:  
 I-64 West toward Richmond  
 Take Exit 79, toward Powhite Pkwy/Charlottesville  
 At Exit 175, take SR-288 toward Chesterfield  
 Take ramp right and follow signs for Huguenot Trail  
 Go 5.4 Miles and church is on the left at Judes Ferry Rd.

From Chesterfield:  
 Take SR-288 toward Charlottesville  
 Take ramp right and turn left onto Huguenot Trail  
 Go 5.1 Miles and church is on the left at Judes Ferry Rd.

### 2010 Calendar

Will be determined by new Board

**All meetings and Gatherings are held at:  
Mechanicsville United Methodist Church  
7356 Atlee Road  
Mechanicsville, VA 23111**

### Thought for the New Year

Satan had gotten bored with trying to pull people away from the Lord's will by making them suffer, it didn't always work anyway. People were still going to Church, people were still loving each other and coming to each other's need (especially on September 2001 - boy did that backfire. People came together and united more than ever!) So the deceiver had another idea. Make them waste their time instead.

So he called over his demons and commanded them to distract the people with technology. "It will be terrific!" he said with his fire in his eyes. "We will cause them to be so distracted with their technological advancements, they won't have time for their families and churches and volunteer groups anymore." And then with a Grinch-like smile he said, "They will be too busy text messaging, playing video games, talking on their convenient cellular devices, wasting their evening family time watching the latest TV shows on the couch and movies. They will forget about each other and not remember how important a good heart-to-heart with your child is. They will grow addicted to the conveniences and get-it-now technology of their computers and become so distracted catching up with distant relationships online that the ones under their own roof will begin to crumble. Children will grow up feeling rebellious and forget their God since they will not see Him role modeled in their parents other than on a random Sunday or holiday. Okay, boys, lets get to work. This will be good!"

Our technology may be very advanced, life saving, and terrific, but it can also be a hazard to the family and as addicting as an alcoholic beverage if not given the proper priority and used in moderation. So, remember - EVERYTHING in moderation.

-Submitted by Jenn Navolis, SS#44

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